

## Del Norte High School Football Varsity / JV Absence Policy

High School football, specifically San Diego North County football, demands a high level of mental and physical preparation including extensive knowledge and understanding of the opponent's tendencies and our own game plans. In addition, we must foster an atmosphere of trust & commitment. In order to develop a cohesive and effective team, we have to have a clear understanding of our expectations. This policy explains the expectation and also helps with the safety, protection and welfare of our players by insuring that they know safe, proper techniques and understand the schemes and strategies that we utilize in games. The policy is as follows:

Any "Excused"\* absence during a game week will result in reduced playing time for the game scheduled the week of the excused absence. Multiple excused absences in a single week will result in a major reduction in playing time. (Special circumstances will be considered.)

Any "Unexcused"\*\*\* absence during a game week will result in a single game suspension and no playing time for the game scheduled the week of the unexcused absence.

Three (3) unexcused absences may result in dismissal from the team. There will be no refunds, reimbursements or compensation for money, equipment or other costs related to participating in the football program prior to or after the dismissal.

Doctor, Dentist and other **non-emergency** appointments must be scheduled for **Thursday afternoons after 3:45** or before or after practice and game times.

\*An "Excused" absence is an absence that cannot be avoided such as illness, immediate family emergency, or auto accident. Excused absences for illness must be reported to the player's head coach **before 12:00 noon** on the day of the absence. A parent note, doctor's note or proof that the absence was unavoidable, such as a police report for auto accidents, must accompany all "Excused" absences at least 1 day before the game.

\*\*An "Unexcused" absence is any absence that is not reported to the head coach before 12:00 noon on the day of the absence and any absence due to disciplinary reasons, or absences that can be avoided by planning ahead.

By signing below, I \_\_\_\_\_, affirm that I have read and agree to the terms of the Del Norte High School Football Absence Policy.

Student/Player Signature: \_\_\_\_\_

By signing below, I \_\_\_\_\_, the parent or guardian of the student/player listed above, affirm that I have read and agree to the terms of the Del Norte High School Football Absence Policy.

Parent/Guardian Signature: \_\_\_\_\_